



Insurance Checking Question Checklist

	yes	no
Do I have out-of-network benefits?		
Are the below CPT Codes covered?		
97530- Therapeutic Activities (MOST COMMON)		
97110- Therapeutic Exercise		
97535- Self-Care ADL's		
971120 Neuromuscular Re-education		
97116 Evaluation		
97168- Re-evaluation		
99368- Medical Team Conference		
Do we need pre-certification?		

If yes, what documents are needed for pre-certification:

What is my deductible? _____

Has our deductible been met this year? _____ How much remains? _____

What is my copay/coinsurance before and after my deductible is met? _____

Before deductible: _____ *After deductible:* _____

How many sessions per calendar year does my plan cover? _____

What is the coverage amount for an out-of-network therapy session? _____

Are telehealth sessions covered? _____

What documentation/information is required to submit for insurance reimbursement?

Note: often you'll need a "Superbill" which you can get from CAP's patient portal.